



March 12, 2020

TO: CJSA Members
FR: Josh Krusewski - CJSA Executive Director
RE: Coronavirus-COVID-19



Given current health and travel concerns, CJSA wanted to provide you with an update as it relates to Coronavirus-COVID-19. We are proactively engaged in ongoing communications with all travel providers, related government agencies, and our soccer community at the national, regional and local level.

Based on the facts and information we have currently, **we highly recommend everyone follows the protocols and best practices set forth by the CDC, your local health department, and your local health district.** Soccer activity may still go on, however, we encourage the following;

- ***Clubs should proceed with extreme caution when considering whether to offer programming at this time.***
- Limit large gatherings - risk of transmission increases when in the presence of more people
- Utilize technology in place of in person meetings, when / if possible
- Follow CDC basic rules to help you and your family stay safe

Please be respectful of individual or organizational decisions regarding participation. Also be mindful of your facility partners, especially schools and the decisions they need to make regarding usage.

Events have been cancelled at the national level by both US Youth Soccer and US Soccer, including US Youth Soccer's National League play in Las Vegas as well as all upcoming international travel events. US Soccer has postponed its State Referee Workshops and its member meetings in April.

USYS and CJSA encourages all clubs/teams heading out of state for tournaments, showcases and events to take extra precautions to remain safe. Please stay informed of the health situation of the area you are traveling to (the need to stay in a hotel) for your event and each club should determine if they wish to attend a particular event.

In addition to our organizational efforts, USYS encourages our soccer community to take all reasonable measures to mitigate the risk of COVID-19 in their daily lives. Coronavirus and influenza are spread by exposure to droplets via coughing and by contact with surfaces touched by an infected person. Touching an infected surface and then touching your face, eyes, mouth or nose is a preventable route of transmission.

Here are some basic rules to help you and your family stay safe:

- Avoid touching your eyes, nose, and mouth prior to proper washing or disinfecting.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Follow the CDC's recommendations for using a facemask.
- CDC does not recommend that people who are well wear a facemask to protect themselves from respiratory diseases, including Coronavirus.
- CDC recommends face masks be used by people who show symptoms to help prevent the spread of the disease.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if your hands are visibly dirty

As a source of information and support, USYS, USSF, and CJSA will continue to provide up to-date information and resources when available. We will continue to make all efforts to ensure that our members and athletes are informed, safe and ready to compete.

Additional information on the Coronavirus and travel can be found at:

[State Department Travel Advisories](#)

[CDC Travel Health Notices](#)

[Connecticut State Department of Public Health](#)

[CDC - Frequently Asked Questions](#)

[CDC - Coronavirus Overview](#)

[CDC - Travel Recommendations \(China\)](#)

[CDC - Travelers Health](#)

[WHO - Advice for Coronavirus](#)

[U.S. Department of State - Country Specific Travel Information](#)

[USOPC - Coronavirus Update](#)

Please know that we are watching the situation carefully and will continue to proactively share updates as they impact our organization. The safety and security of our soccer community is, and always will be, our highest priority!

Please visit our coronavirus webpage for more [information and resources](#).