



Studies indicate the risk of indoor transmission can be 18 times greater than outdoors\*, so the risk of indoor play is inherently greater than outdoor even considering variations among facilities. Also, unlike outdoor spaces, which generally all present similar risk for virus transmission, indoor facilities can vary significantly and consequently can present different degrees of risk for players, coaches, and spectators. It is important that the risks of the various locations and planned activities be weighed in making decisions about club sponsored indoor activity.

### Facility Best Practices

#### Prior to Any Activities

- All facilities must have a COVID Director in place
- Coaches, Players, Parents, Spectators must stay home if sick or experiencing any COVID-19 Symptoms
- If a player has COVID-19 symptoms or has been in close contact with a person with symptoms, in addition to staying home, please notify your club president and facility COVID director
- Daily Health Check: Adult participants/Parents/Guardians are responsible for monitoring player temperature and symptoms prior to arrival and must stay away if any of the COVID-19 CDC-defined symptoms are experienced. These symptoms include cough, shortness of breath, or any of the following symptoms: Fever, Chills, Repeated shaking with chills, Muscle pain, Headache, Sore throat, New loss of taste or smell.

#### Facility

- Maximize ventilation by using fans and opening windows and doors wherever possible.
- Post signs for employees and customers outlining good hand/respiratory hygiene and safety measures being taken. Signs should be in languages customers will understand.
- No access to locker rooms.
- Provide access to hand sanitizer.
- Staff members and patrons must wear face coverings at all times .SEE BELOW ABOUT GAMES
- Require employees who develop COVID-19 symptoms while at work to immediately notify their supervisor and be separated from others, sent home, and referred to state or company support services.
- Provide a 30-minute buffer between games or training activities to clean and disinfect
- Signage should be posted clearly throughout the facility outlining PPE and social distancing requirements.
- Bleachers should be CLOSED during games.

#### Players / Coaches / Teams

- Coaches, Players, Parents, Spectators must stay home if sick or experiencing any COVID-19 Symptoms
- If a player has COVID-19 symptoms or has been in close contact with a person with symptoms, in addition to staying home, please notify your club president and facility COVID director
- Daily Health Check: Adult participants/Parents/Guardians are responsible for monitoring player temperature and symptoms prior to arrival and must stay away if any of the COVID-19 CDC-defined symptoms are experienced. These symptoms include cough, shortness of breath, or any of the following symptoms: Fever, Chills, Repeated shaking with chills, Muscle pain, Headache, Sore throat, New loss of taste or smell.
- Players may arrive 15 minutes prior to the scheduled kick-off time. If you arrive earlier please remain in your vehicle.
- Do not share equipment
- Players will need to bring their own water
- Masks are not required for players while actively participating in the game, but are required on the sideline and when arriving / leaving the facility.
- Coaches must wear facial coverings at all times, this includes when coaching as well as when arriving / leaving the facility.
- Teams are to forego post-game handshakes and team meetings. Please exit the field and facility immediately at the end of the game so that the facility can prepare for the arrival of the next game.

#### Spectators

- (1) Adult spectators are allowed to accompany a player to the field and watch the game.
- Spectators must wear facial coverings and maintain six feet of social distance at all times, this includes when arriving / leaving the facility.
- Spectators may arrive 15 minutes prior to the scheduled kick-off time. If you arrive earlier please remain in your vehicle.
- Bleachers should not be made available.